

# •NEWHAVEN•

Est. 1995

*A Therapeutic Haven and School for Girls*

2172 East 7200 South Spanish Fork, UT 84660 www.newhavenrtc.com Telephone (801) 794-1218 Fax (801) 794-9558

January 15, 2014

Re: Project Heart/Rabbi Benny Zippel

To Whom It May Concern:

New Haven provides healing therapeutic services in a residential setting for adolescent girls and their parents. We have families come from all parts of the United States as well as internationally. These families present with complicated therapeutic situations. The average girl has been in approximately 4 previous treatment settings such as psychiatric hospitals, wilderness programs, local residential facilities and so forth. Each family presents with multiple mental health challenges. In addition, they also require support in other areas such as spiritual needs. Approximately 25% of our families are of the Jewish faith and heritage.

Rabbi Benny Zippel provides a significant support and influence for many of these families of the Jewish faith. His organization, Project Heart, provides invaluable spiritual and educational guidance for at-risk teens. The youth and their parents here at New Haven are fortunate for his involvement in their healing journey. Because of his extensive years and experience in working with youth that deal with mental health and behavioral challenges, Rabbi Zippel is excellent in his work providing spiritual guidance and support.

The quality of spiritual support certainly is there. We're blessed to have Rabbi Zippel come weekly and spend time with the students. And the many hours supporting parents of these students as well. All of this time and effort is provided on a **volunteer** basis to our students and their parents. Especially, the extra effort and involvement around the Jewish holidays which is of great comfort to parents while their daughter is away from home receiving treatment.

In addition to the guidance and support to students, Rabbi Zippel is very helpful in teaching our employees Jewish customs, traditions, observances, and how to keep a kosher kitchen. This knowledge is so helpful for us in our efforts to be sensitive and supportive of the spiritual needs of the Jewish families we work with.

We appreciate the hard work and effort that Rabbi Zippel dedicates to the spiritual well-being of our girls and their parents. This type of work also has a positive influence on society in general which we all benefit from. We encourage organizations to provide financial support to Project Heart to support Rabbi Zippel continue his good work with New Haven and other program's families.

Sincerely,



John L. Stewart, LCSW  
Executive Director  
801-380-4368



*Love · Locus of Control · Family · Self-Esteem · Values · Spirituality*

